



A long day walk, with a few solid hills to start, and some great views. The walk follows the St Helena Ridge, after crossing the Glenbrook Creek, then continues along The Oaks Fire Trail to Woodford Station. The last part of the walk follows a management trail with plenty of wild flowers at the right time of year.

Blue Mountains National Park

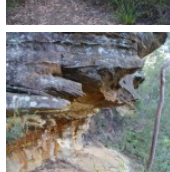
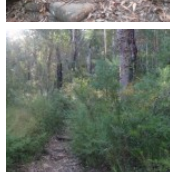
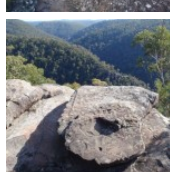
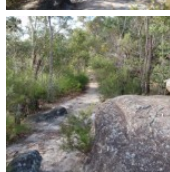
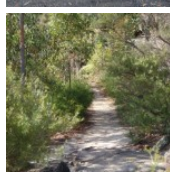
**Length:** 15.9 km  
**Time:** 7 hrs  
**Climb:** 892 m  
**Style:** One way  
**Rating:** Route: Hard  
**Where:** 8.5 km E of Woodford  
**Transport:** car train bus



Visit [www.wildwalks.com](http://www.wildwalks.com) for more info



*Side trips and Alternate routes mentioned in these notes are not included in the tracks overall rating, distance or time estimate. The notes only describe the side trips and Alternate routes in one direction. Allow extra time for resting and exploring areas of interest. Please ensure you and your group are well prepared and equipped for all possible hazards and delays. The authors, staff and owners of wildwalks take care in preparing these notes but will not accept responsibility for any inconvenience, loss or injury sustained by using these notes or maps. Please take care and share your experience through the website. Please check park closures, weather information and Fire Danger Rating just before leaving for your walk. Walk maybe closed during Total Fire Ban. GPS for start the start of this walk:-33.7345,150.5756 & for the end:-33.7358,150.4823 This walk passes through a remote area and sections have no visible track. At least one person in your group should have training and experience in off track walking and navigation. Even with these notes and a GPS these extra skills and equipment are required.*



## National Parks Association of NSW - Learn more about the NPA [www.npansw.org.au](http://www.npansw.org.au)

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 The NPA is more than just a bushwalking club. We are a conservation group that helps protect natural places  
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## Int. Martins Lookout and Short Trks to Martins Lookout Carpark 0.1km 2 mins

(From S) From the intersection, the walk heads up the stairs around a rocky outcrop and continues through the low scrub, to the cable rimmed car park.

## Martins Lookout

Continue straight: From the intersection, the walk heads away from the cliff edge, keeping the view on the left. The walk continues along the hillside and comes to a three-way marked with a pole (without a sign- on the left).

Martin's Lookout is an unfenced view on the rim of the plateau, south of Valley Heights. There are views across and up the Glenbrook Creek, and to the Lost Worlds lookout (on the opposite cliffs) which features a small white crucifix. This cross is in memory of Rev. Raymer who was an avid bushwalker in the area. The plaque in the rock at Martin's Lookout is directly opposite this cross.

## Martins Lookout to Bunyan Lookout 1.5km 1 Hrs

(From 0.09 km) Turn right: From Martins Lookout, the track heads south-east around the rocky knoll, with the views to the right of the track. The track quickly comes off the sandstone surface and descends stairs which zigzag under the cliffs. The walk passes under many overhangs, some of which overhang the track as it makes its way down the hillside. Tightly winding its way down the hill, the track descends a final flight of stairs to the signposted intersection.

Turn left: From the intersection, the walk follows the 'Bunyan Lkt' post down the stairs. The walk soon meets the creek and turns left, following the creek for a short distance before crossing at an opening in the shrubs around the creek. From here, the walk follows the cairns (rock stacks) across creek flats before climbing the hill to the base of a small cliff line. At one point beneath the cliff line, the walk ducks through a hole in the rock, then winds up through boulders, following more cairns. The walk continues up the hill, passing through a few more rocky outcrops to reach the informal, unfenced Bunyan Lookout, in a clearing near the cliff line.

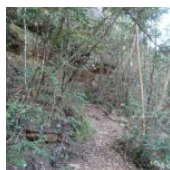
## Bunyan Lookout

Bunyan Lookout is an large, unfenced sandstone platform overlooking the Glenbrook Creek valley. Behind the lookout, there is a small sandy clearing, big enough for a few tents. The lookout spans across Glenbrook Creek and sandstone cliffs of the valley.

## Bunyan Lookout to Int. Bunyan Lookout Trk and Lost Worlds Trk 0.6km 10 mins

(From 1.57 km) Turn sharp right: From Bunyan Lookout, the walk heads back into the clearing behind the unfenced cliff line and turns left at the cairn (if you head down into the valley, you have gone the wrong way). The walk meanders through the heath for a short time before coming to a red painted stump, on the right of the track.





## Int. Bunyah Lookout Trk and Lost Worlds Trk to Lost Worlds Lookout 0.6km 10 mins **Optional Side Trip:**

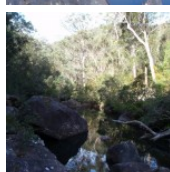
(From 2.14 km) Turn right: From the red stump intersection, the walk follows the 'Lost Worlds' sign up the small hill. The walk winds through the bush for a short time then crosses a rocky surface. The track then leaves the rocky surface briefly to return to a similar rock surface with a white crucifix on the edge of the cliff.

(Retrace your steps back to the main track, then turn right to continue along this walk.)



## Lost Worlds Lookout

Lost Worlds Lookout is a cliff edge marked by a cross. The cross commemorates the Rev. Raymer who was a prominent bushwalker in the area, and has been commemorated by a plaque at Martins Lookout across the valley. The lookout views Glenbrook Creek valley below, the surrounding cliffs and down to Penrith in the west.



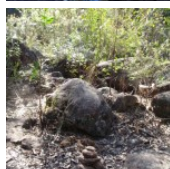
## Int. Bunyah Lookout Trk and Lost Worlds Trk to Int. St Helena Ridge Trail and Bunyah Lookout Trk

2.7km 40 mins

(From 2.14 km) Continue straight: From the intersection, the walk heads in a southerly direction away from the red stump, keeping it behind on the right of the track. The walk winds through the bush, crossing a few sandy areas that lead to a small cairn marking the intersection, on the left of the track.

Continue straight: From the intersection, the walk heads in a southerly direction along the track. The walk meanders through the low green heath for quite some time, through a section of pines, before entering the clearing with a fire place.

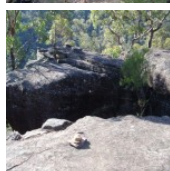
Continue straight: From the intersection, the walk heads south-east through the bush. The track winds through the heath for a short time before opening onto a clearing with a rocky outcrop at the far side.



## Int. St Helena Ridge Trail and Bunyah Lookout Trk to Int. Oaks Firetrail and cliff lookout Trk 6.9km 2 Hrs 15 mins

(From 4.85 km) Turn right: From the clearing, the walk heads west out of the clearing along the single track. The walk then undulates and winds for quite some time with the track widening and narrowing greatly in many areas. The walk then zigzags up hill, climbing to the intersection with the Oaks Fire Trail.

Turn right: From the intersection, the walk heads down across the saddle and tends right below the cliff (above on the left). The trail winds up and onto a plateau lined with rocks, which look as though they could have been placed there. The vegetation along this higher area is lower and clearer, which gives views across the distant ridge lines. The walk continues to head in a northerly direction and descends right, off the plateau, to head up another hill to a stepped intersection on the left.



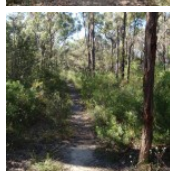
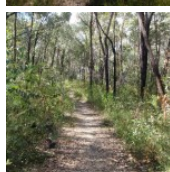
## Int. Oaks Firetrail and cliff lookout Trk to Cliff lookout 0.1km 3 mins **Optional Side Trip:**

(From 11.74 km) Turn left: From the intersection, the walk heads away from the management trail, with the small depression (or waterhole) on the left, surrounded by reeds. The track winds up the hill, following the gap in the vegetation, leading to a rock shelf with a view.

(Retrace your steps back to the main track, then turn left to continue along this walk.)

## Cliff Lookout

Cliff lookout, an unofficially-named, informal view point, is a dramatic cliff edge perched just above the trees. The cliff is unfenced. The view across the valley provides a pleasant panorama.



## Int. Oaks Firetrail and cliff lookout Trk to Int. Oaks Firetrail and Old Bathurst Rd 3.5km 1 Hrs 10 mins

(From 11.74 km) Continue straight: From the intersection, this walk heads in a northerly direction down the hill, turning steeply up and to the left a few times. The trail passes a small dam (just to the right) and continues to wind and undulate for some time to a mound of dirt in the middle of a junction. The trail passes this mound of dirt and continues north, winding and undulating slightly for some time before passing an interpretative board (on the right). Soon after this, the trail comes up to a gate (with a tap for drinking water, on the right). The track crosses over this gate to the intersection with the road.

## Int. Oaks Firetrail and Old Bathurst Rd to Woodford Station 0.7km 15 mins

(From 15.22 km) Turn left: From the intersection, the walk heads uphill along Taylor Rd, and soon turns right onto Parker St. The walk follows Parker St, tending right, then turns onto The Appian Way. The walk turns left at Railway Pde, just before a bridge. Continuing down Railway Pde, keeping the railway line on the right, the walk comes to a shelter on the left and railway sign on the right. The walk follows the footpath under the Woodford Station sign, leading under the tracks and up stairs onto the platform.





# Martin's Lookout to Woodford Station

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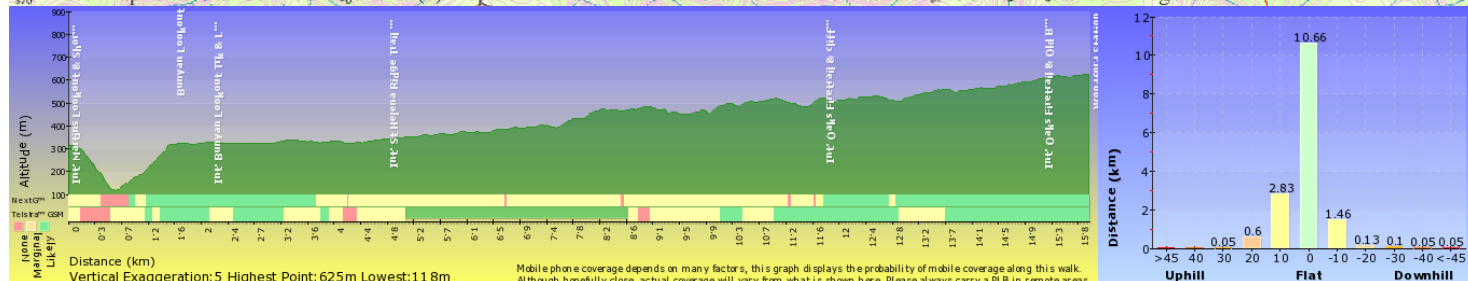
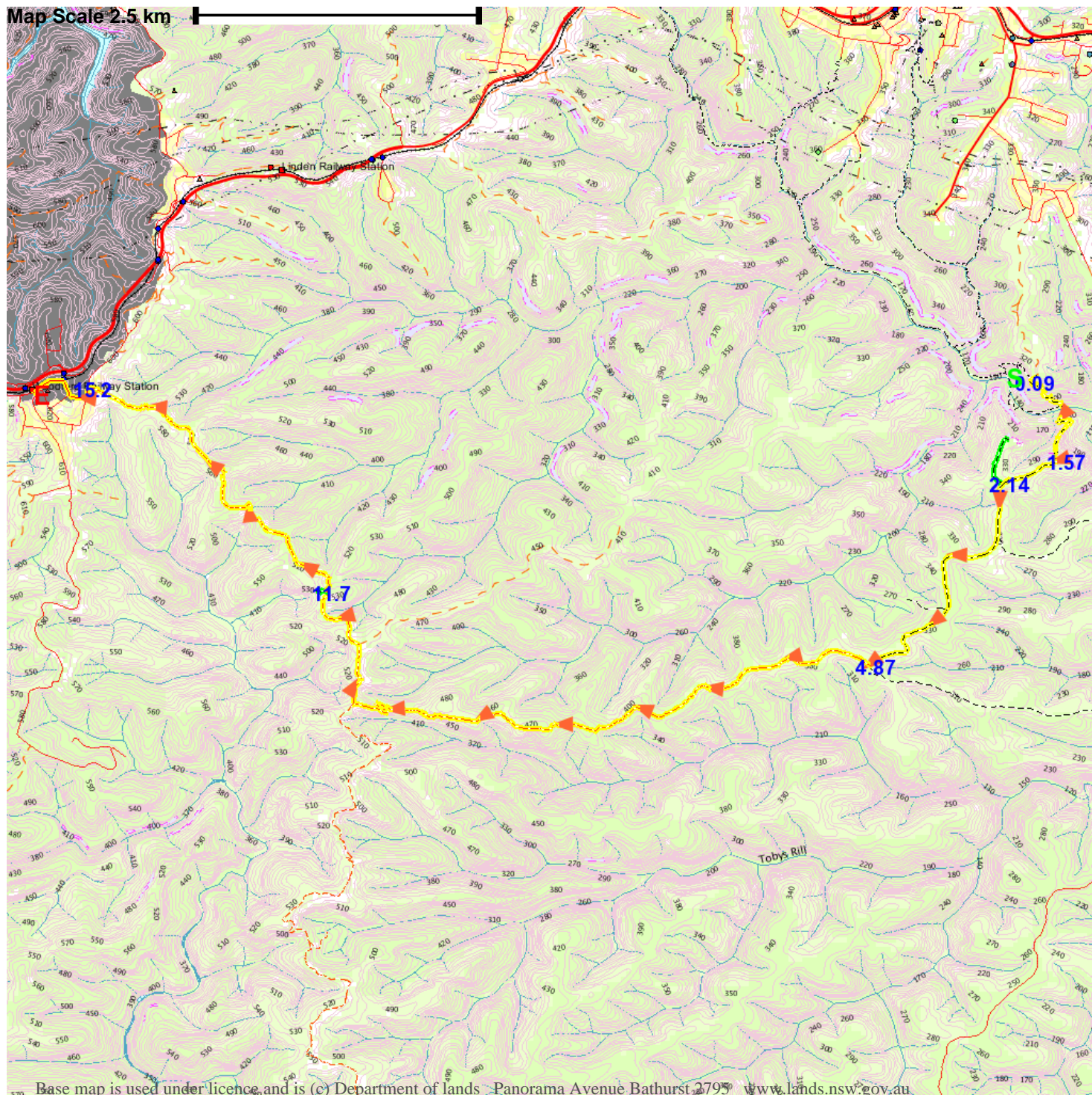
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Photo: © Henry Gold

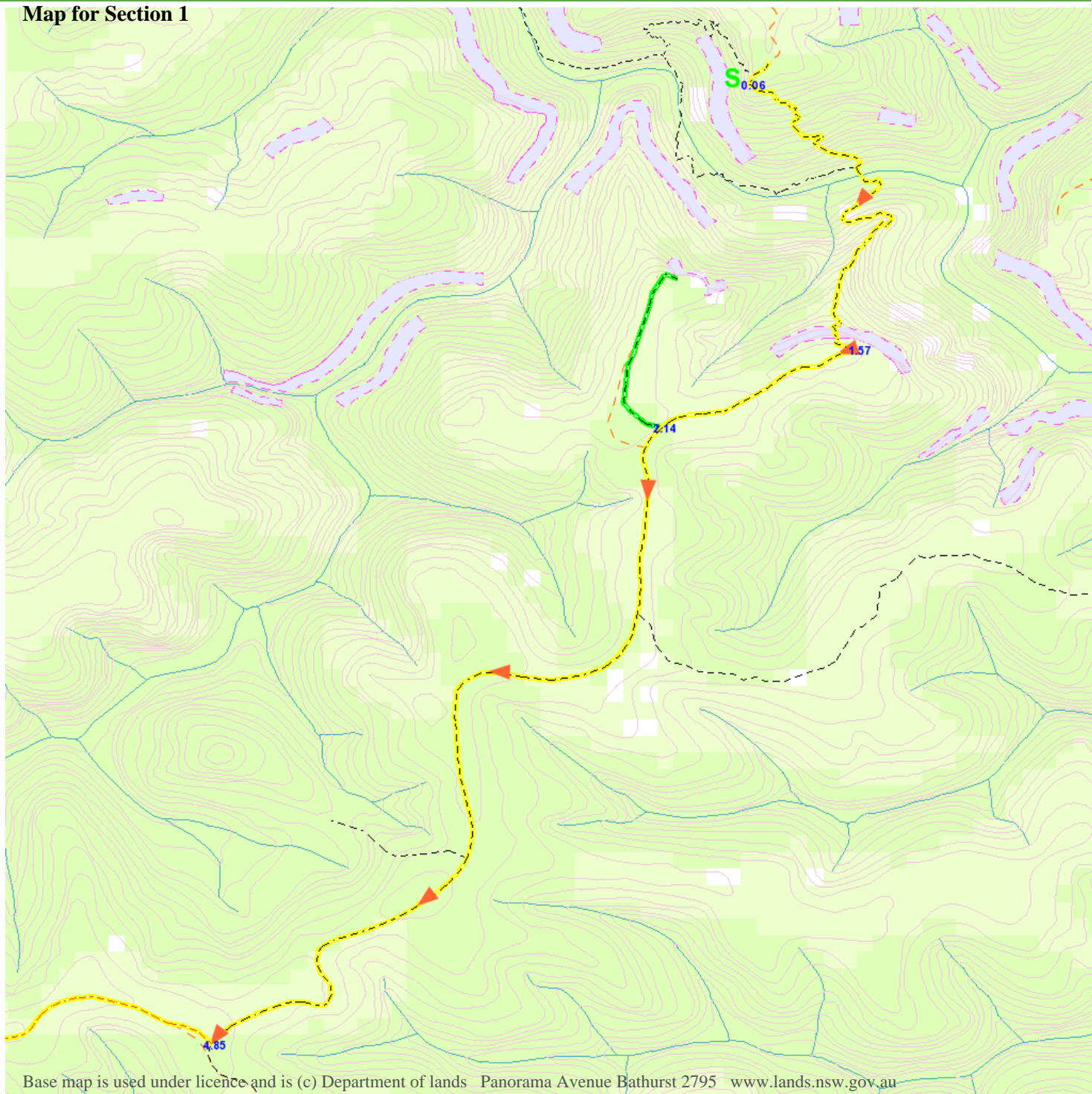


Map Scale 2.5 km





Map for Section 1

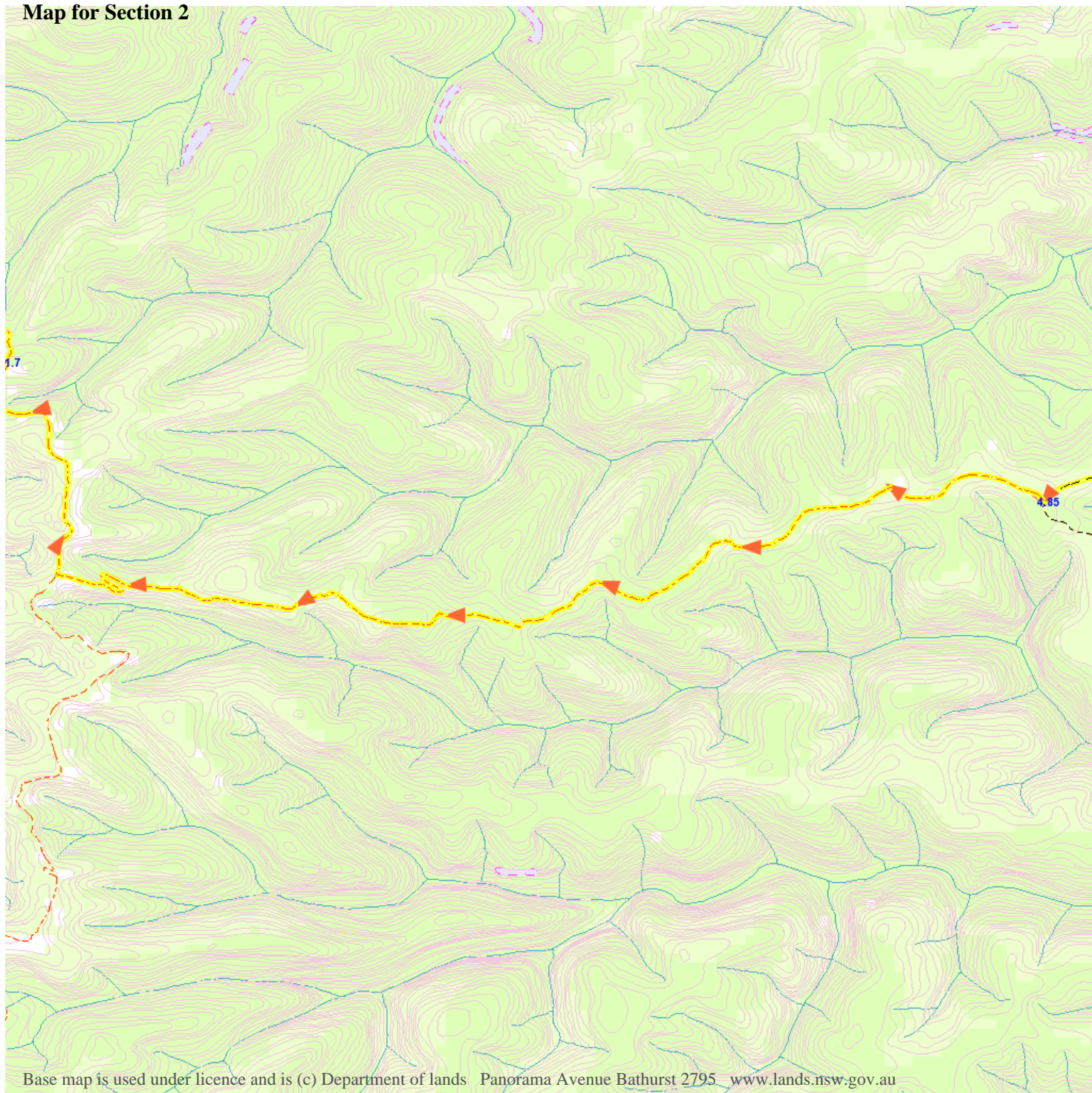


Map Scale 1 km



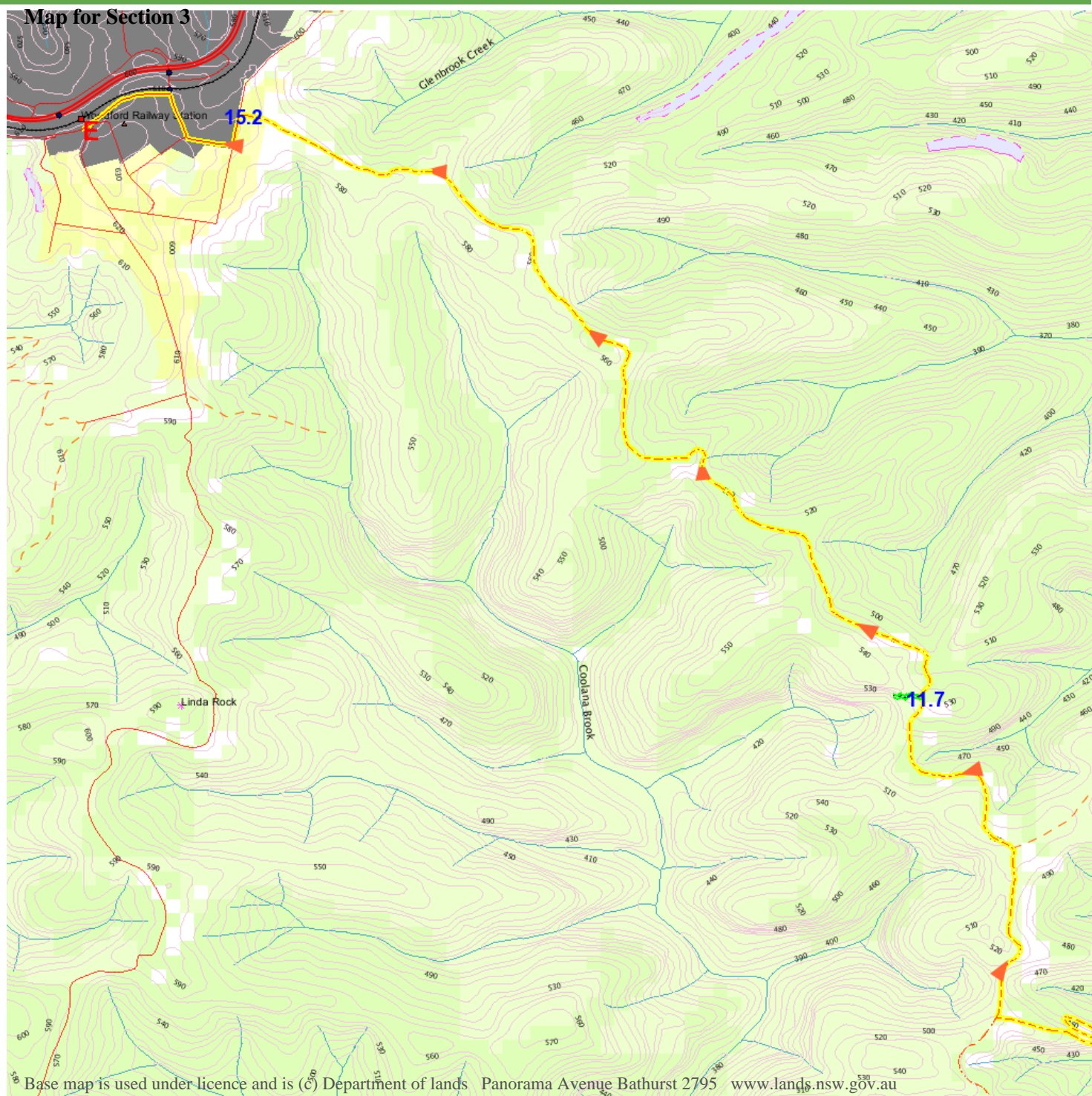


## Map for Section 2



Map Scale 1 km





Map Scale 1 km

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